All of us at CISC are thinking of you during this difficult time. We are deeply concerned about the impact to the community and those around the world. However, we know through the dedication of first responders, medical teams, and public officials, and all of us doing our part; we will fight this challenge together.

During COVID-19, CISC has been making changes to our programs and services in accordance with public health recommendations to protect the health of staff and the people we serve. While our teams have transitioned to working remotely, we continue to support the needs of community members who count on us as part of their support network for health, education, financial security, and other social services. We are conducting regular wellness checks for the older adults we serve and educating them on ways to stay safe. We are connecting with families to promote early childhood education through the telephone and other technologies. We are responding to requests for assistance regarding unemployment benefits, healthcare access, and other urgent needs. And, while the governor’s Stay at Home, Stay Healthy order is in effect, CISC has suspended drop-in services.

Our team is here to assist in accessing and navigating resources for you and your family during this time. Please contact us for:

- Elderly Information & Assistance (Age 55+ older adults and 18+ adults with disabilities): (206) 816-4991 or (206) 816-4990
- Family Center Information & Assistance (Age 55 and under): (206) 957-8504 or (206) 957-8512
- Healthcare Access & Information: (206) 957-8555 or (206) 957-8540
- Cultural Navigator – Russian language: (425) 502-0883
- Cultural Navigator – Spanish language: (425) 624-7703

We have posted COVID-19 information and resources on our websites and social media:

- English: https://cisc-seattle.org/covid19/
- Simplified Chinese: https://chs.cisc-seattle.org/covid19/
- Traditional Chinese: https://cht.cisc-seattle.org/
- Facebook

We are coordinating closely with our community-based partners and public officials to support the community. For example, we are working with Kin On, International Community Health Services, Asian Counseling and Referral Service, Seattle Chinatown International District Preservation and Development Authority, Chong Wa Benevolent Association, InterIm CDA, and International District Emergency Center in addressing needs in the Chinatown International District.

CISC joins public officials and law enforcement in speaking out against racism and acts of discrimination against Chinese and Asian Americans related to COVID-19. In early February, we joined King County Executive Dow Constantine and other community-based organizations at a press conference at ACRS to denounce stigmatization and discrimination. We urge individuals to report any incidents to their local city, county, or police department. The Washington State Commission on Asian Pacific American Affairs has resources and more information.

From all of us at CISC, please stay safe and healthy.

Michael Itti
2020 Friendship Dinner

To safeguard the well-being of the community, CISC’s board of directors and staff have decided not to hold our 2020 Friendship Dinner on May 16. We will be in contact regarding our future plans for the next CISC event.

2020 Census

The 2020 census is important for the future of our neighborhoods, communities, and state. From education, health, and business and to the social services we provide at CISC, data from the census impacts funding and decision-making that will shape the future.

Take the census today:
- **English**
- **Chinese (Simplified)/中华人民共和国**
- **Chinese (Traditional)/中国台湾**
- **Russian / Русский**
- **Spanish / Español**

For assistance from CISC, please contact:
Meon Yu
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Cantonese and Mandarin languages

Mikhaela Chebotareva
mikhaelac@cisc-seattle.org
Russian language

Donate to CISC