

CARE COORDINATION

Care Coordination Program helps to develop a safe and sustainable personal care plan!

Have difficulties in accessing health care resources due to language barriers?

Lack of social or family support in managing your own health care need?

Need person-centered follow-up assistance after being discharged from hospital or nursing facility?

Overwhelmed by the complexity of options in managing your own health care needs?

WE ARE HERE TO HELP: PROFESSIONAL TAILORED CARE COORDINATION SUPPORT

Our services are free, confidential, person-centered, bilingual and bicultural!

WHO WE SERVE



- ◆ KING COUNTY RESIDENTS, AND
- ◆ 60 YEARS OLD+, OR
- ◆ 18 YEARS OLD+ WITH DISABILITY
- ◆ LIMITED ENGLISH SPEAKING

HOW WE HELP



- ◆ IN-PERSON ASSESSMENT
- ◆ PERSON-CENTERED CASE MANAGER
- ◆ REFERRAL , FOLLOW-UP AND ADVOCACY
- ◆ SUPPORTIVE CONSULTATION

WHAT WE PROVIDED



- ◆ NAVIGATING AND ACCESS HEALTH CARE SERVICES
- ◆ MANAGING MEDICATION
- ◆ APPLYING BENEFITS
- ◆ FINANCIAL PLANNING
- ◆ MENTAL WELLNESS ASSESSMENT
- ◆ COORDINATE SUPPORT SERVICES

For more information, please contact:

Clara Yu | 206.957.8510 | claray@cisc-seattle.org

Helping You Live Independently is Our Goal!

短期個人護理協調服務

幫助制定安全和可持續的個人護理計劃！

從醫院或護理機構出院後，是否需要以您為本的個案協助？
在管理醫療保健所需時，繁複的選擇令您不知所措？
在管理醫療保健所需時，缺乏社會或家庭的幫助？
由於語言障礙，在獲得醫療資源方面有困難？



我們專業的社工可以為您提供量身定制
免費，保密，以您為本，雙語及雙文化的護理協調服務。

服務對象

如何協助

服務範圍

- ◆ 居住在金郡 (KING COUNTY), 及
- ◆ 60 歲或以上，或
- ◆ 18 歲或以上有特殊需要人士
- ◆ 英文不佳

- ◆ 一對一的評估
- ◆ 個人化個案管理
- ◆ 轉介，跟進與倡導
- ◆ 諮詢輔助

- ◆ 尋找和獲得醫療服務
- ◆ 藥物管理
- ◆ 申請福利
- ◆ 財政規劃
- ◆ 心理健康評估
- ◆ 協調支援服務

查詢詳情，請聯繫：余小姐 (CLARA YU)

206.957.8510 | claray@cisc-seattle.org

幫助您解決面臨的問題，讓您過愉快獨立的生活！