Public Health Recommendations:

After COVID-19 Vaccination

Thank you for getting vaccinated and helping our communities get one step closer to overcoming this pandemic. Until you are fully vaccinated (2 weeks after final dose), it's important to protect others. Many people, including children, are not vaccinated yet. These actions will protect our community.

1. Wear a mask. Wear 2 or more layers. Make sure it’s a snug fit.
2. Stay at least 6 feet away from others in public.
3. Wash hands often.
4. Avoid crowds.
6. If exposed to COVID-19, check quarantine and testing guidance to know if you should quarantine: [kingcounty.gov/covid/quarantine](https://kingcounty.gov/covid/quarantine)
7. If you test positive, follow isolation guidance: [kingcounty.gov/covid/quarantine](https://kingcounty.gov/covid/quarantine)
8. Follow any relevant workplace or school guidance

**Fully vaccinated?** You can start doing many things again that stopped because of the pandemic! See next page.

Reminders about the COVID-19 vaccines:

- **You may have some side effects**, which are normal signs that your body is building protection. Call your healthcare provider if you have any side effects that bother you or do not go away.
- **If you experience a severe allergic reaction to the vaccine**, call 9-1-1 or go to the nearest hospital.
- **Schedule your second dose.** If you are receiving a 2-dose vaccine, make an appointment for the second dose after you receive your first dose. You need both doses to be protected against COVID-19.
- **Protection from vaccine is not immediate.** You are fully vaccinated 2 weeks after a single-dose vaccine or 2 weeks after the second dose in a 2-dose series.
  - For more information, visit [kingcounty.gov/covid/vaccine](https://kingcounty.gov/covid/vaccine).
When you’ve been fully vaccinated

You are considered fully vaccinated:
• 2 weeks after the second dose in a 2-dose vaccine series (like Moderna or Pfizer)
• 2 weeks after a single-dose vaccine (like Johnson & Johnson)

If it has been less than 2 weeks since your shot, or if you still need to get your second dose, you are NOT fully protected. Keep taking all prevention steps until you are fully vaccinated.

Fully vaccinated people should be aware of the following:
• Everyone, even if fully vaccinated, must wear masks in some settings, including schools and childcare, healthcare, homeless service sites, correctional facilities and on public transit.
• Even vaccinated people should wear masks in indoor public places to prevent the spread of COVID-19.
• Any business can require masks – so keep one with you.
• Follow guidance at your workplace. Employers may request or require proof of vaccination.
• Watch for COVID-19 symptoms, especially if you’ve been around someone who is sick. If you have symptoms of COVID-19, get tested and stay home and away from others.
• If you have a known exposure to someone with COVID-19, get tested 3 or more days after exposure, and socially distance and monitor for symptoms for 2 weeks. You probably don’t need to quarantine, unless you have symptoms. To be sure, check out the quarantine guidance here: [kingcounty.gov/covid/quarantine](http://kingcounty.gov/covid/quarantine)

We are still learning how well vaccines prevent the spread of COVID-19 and updates are ongoing. Check out the CDC’s latest guidance for fully vaccinated people here: [bit.ly/fully-vaccinated](http://bit.ly/fully-vaccinated)