COVID-19 Community Levels

As of July 14, 2022, Counties are at HIGH Community Level are King, Snohomish, Skagit, Thurston, Chehalis, Douglas, Grant, Adams, Spokane, Lincoln, Walla Walla, Columbia, Franklin and Benton.

<table>
<thead>
<tr>
<th>COVID-19 Community Level</th>
<th>Individual- and household-level prevention behaviors</th>
<th>Community-level prevention strategies (as recommended by state or local authorities)</th>
</tr>
</thead>
</table>
| Low                      | - Stay up to date with COVID-19 vaccines and boosters  
                          - Maintain improved ventilation throughout indoor spaces when possible  
                          - Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19  
                          - If you are immunocompromised or have high risk for severe disease  
                          - Have a plan for rapid testing if needed (e.g., having home tests or access to testing)  
                          - Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals, PREP, and monoclonal antibodies |
|                          | - Protect people at high risk for severe illness or death by ensuring equitable access to vaccination, testing, treatment, support services, and information  
                          - Consider implementing screening testing or other testing strategies for people who are exposed to COVID-19 in workplaces, schools, or other community settings as appropriate  
                          - Implement enhanced prevention measures in high-risk congregate settings (see guidance for correctional facilities and homeless shelters)  
                          - Distribute and administer vaccines to achieve high community vaccination coverage and ensure health equity  
                          - Maintain improved ventilation in public indoor spaces  
                          - Ensure access to testing, including through point-of-care and at-home tests for all people  
                          - Communicate with organizations and places that serve people who are immunocompromised or at high risk for severe disease to ensure they know how to get rapid testing  
                          - Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations |
| Medium                   | - If you are immunocompromised or have high risk for severe disease  
                          - Talk to your healthcare provider about whether you need to wear a mask and take other precautions (e.g., testing)  
                          - Have a plan for rapid testing if needed (e.g., having home tests or access to testing)  
                          - Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals, PREP, and monoclonal antibodies  
                          - If you have household or social contact with someone at high risk for severe disease  
                          - Consider self-testing to detect infection before contact  
                          - Consider wearing a mask when indoors with them  
                          - Stay up to date with COVID-19 vaccines and boosters  
                          - Maintain improved ventilation throughout indoor spaces when possible  
                          - Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19  
                          - Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations |
| High                     | - Wear a well-fitting mask1 indoors in public, regardless of vaccination status (including in K-12 schools and other indoor community settings)  
                          - If you are immunocompromised or have high risk for severe disease  
                          - Wear a mask or respirator that provides you with greater protection  
                          - Consider avoiding non-essential indoor activities in public where you could be exposed  
                          - Talk to your healthcare provider about whether you need to take other precautions (e.g., testing)  
                          - Have a plan for rapid testing if needed (e.g., having home tests or access to testing)  
                          - Talk to your healthcare provider about whether you are a candidate for treatments like oral antivirals, PREP, and monoclonal antibodies  
                          - If you have household or social contact with someone at high risk for severe disease  
                          - Consider self-testing to detect infection before contact  
                          - Consider wearing a mask when indoors with them  
                          - Stay up to date with COVID-19 vaccines and boosters  
                          - Maintain improved ventilation throughout indoor spaces when possible  
                          - Follow CDC recommendations for isolation and quarantine, including getting tested if you are exposed to COVID-19 or have symptoms of COVID-19  
                          - Consider setting specific recommendations for prevention strategies based on local factors  
                          - Implement healthcare surge support as needed  
                          - Protect people at high risk for severe illness or death by ensuring equitable access to vaccination, testing, treatment, support services, and information  
                          - Consider implementing screening testing or other testing strategies for people who are exposed to COVID-19 in workplaces, schools, or other community settings as appropriate  
                          - Implement enhanced prevention measures in high-risk congregate settings (see guidance for correctional facilities and homeless shelters)  
                          - Distribute and administer vaccines to achieve high community vaccination coverage and ensure health equity  
                          - Maintain improved ventilation in public indoor spaces  
                          - Ensure access to testing, including through point-of-care and at-home tests for all people  
                          - Communicate with organizations and places that serve people who are immunocompromised or at high risk for severe disease to ensure they know how to get rapid testing  
                          - Ensure access and equity in vaccination, testing, treatment, community outreach, support services for disproportionately affected populations |

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1 At all levels, people can wear a mask based on personal preference, informed by personal level of risk. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.