Friendly Reminder: Message on behalf of King County hospitals:

Please do not come to emergency departments and urgent care clinics just for COVID testing. Hospitals are overloaded caring for ill patients and cannot provide testing for people who do not need emergency care.

IF YOU HAVE SYMPTOMS but do not need medical care and can't get a test, you might have COVID-19 and you should isolate for at least 5 days to keep from spreading the virus to others. Monitor your symptoms. More info in the Q&A here: [https://www.cdc.gov/.../quarantine-isolation-background.html](https://www.cdc.gov/.../quarantine-isolation-background.html)

IF YOU WERE EXPOSED to someone with COVID-19 and need to quarantine and are unable to get a test 5 days after your last close contact, you can leave your home after day 5 if you have not had symptoms; wear a mask for 10 days after last contact. Details here: [https://www.cdc.gov/.../your.../quarantine-isolation.html](https://www.cdc.gov/.../your.../quarantine-isolation.html)

We are doing all we can to increase test supply and availability in the community. Current testing site availability and updates here: [https://kingcounty.gov/depts/health/covid-19/testing.aspx](https://kingcounty.gov/depts/health/covid-19/testing.aspx)